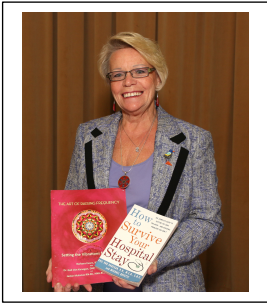




HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org



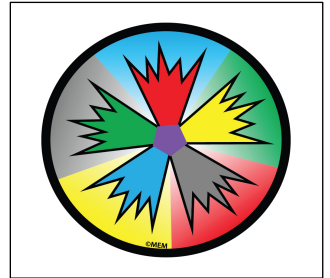
MidWest Energy Movement

“Healing With Joy” presents:

“Five Rhythms of Live-Restoring Balance”

November 7, 2026

9:00 am- 4:30 pm



You Will Receive:

- Practical knowledge to apply the Five Rhythms balanced energy
- ***In depth knowledge and skills that are immediately available for self-healing.***
- Discover the deep interconnections between the Five Rhythms (Water, Wood, Fire, Earth & Metal), Meridians, Chakras, Organ Systems, Daily Life Challenges and Emotional States
- ***Knowledge & Skills to correlate Physical Symptoms with Five-Rhythm energetic imbalances that You Can Resolve!***
- Empower Yourself to balance your Five-Rhythms and begin to resolve physical symptoms
- ***Hands on experience with balancing Meridians associated with the Five-Rhythms***

Tuition: \$90.00 (\$50 deposit required to hold your reservation)

Location: Hermitage Farm Center for Healing Rochester, MN

7 Hours of Continuing Education Credits will be awarded and included in tuition

Contact Instructor for Registration:

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP, Reiki Master, Shamanic Practitioner, Four Pathways of Energy Healing

507-244-1994

Email: healing@drgailv.com

Web: www.drgailv.com