



Soothing Sessions for Pairs of People!

Renew, Rejuvenate, and Restore Energetic Balance Through a
Shared Healing Experience

Create Your Paring- Perfect for partners, best friends, sisters, mothers, daughters, fathers and sons

This offering provides a stress free way to unwind and reconnect through shared healing.

We promote deep relaxation, revitalization, and emotional harmony.

Customize Your Experience by Choosing Your Two Modalities- During your session, one participant can choose to enjoy an ***Individualized Sound Healing Experience***- bathed in the soothing tones of Himalayan singing bowls, resonant gongs and gentle chimes- while the other participant receives the session a ***Tailored Energy Medicine Balancing Session***. All sessions are facilitated in collaboration with a skilled, licensed and insured Hermitage Farm Practitioner.

Connect and Reflect- Between sessions, you'll come together to relax by fireplace and reflect over a cup of *soothing herbal tea* and integrate peace and harmony within your body.

Offering Soothing Sessions on 1st Thursday of the Month.

Energy Exchange: \$200 each person for ***2-Memorable 1 Hour Sessions***. \$50 deposit will secure your reservations. Plan on 2 & 1/2 hours total with Connect & Reflect time included.

Contact ***One*** practitioner below to make your Soothing Sessions Reservations.



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MidWest Energy Movement
MIND * BODY * SPIRIT
ENERGETIC HEALING SESSIONS & WORKSHOPS

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