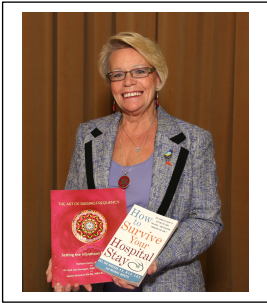




HERMITAGE FARM  
CENTER FOR HEALING

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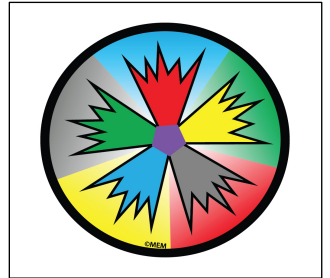


## ***MidWest Energy Movement***

***Healing With Joy presents:***

### **“Five-Rhythms of Life-Restoring Balance**

### **An Advanced Energy Medicine Class”**



***November 7, 2026***

***9:00 am- 4:30 pm***

#### ***Objectives:***

- Review Five Rhythms structure and function
- Will provide in depth knowledge and skills that are immediately available for self-healing.
- Discover the deep interconnections between the Five Rhythms, Meridians, Chakras, Organ Systems, Daily Life Challenges and Emotional States
- Correlate Physical Symptoms with Five-Rhythm energetic imbalances.
- Learn how to balance your Five-Rhythms
- Hands on experience with balancing Meridians associated with the Five-Rhythms

Tuition: \$90.00 (\$50 deposit required to hold your reservation)

*Continuing Education Credits will be awarded and included in tuition*

Contact Instructor:

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP, Reiki Master, Four Pathways of Energy Healing

507-244-1994

Email: [healing@drgailV.com](mailto:healing@drgailV.com)