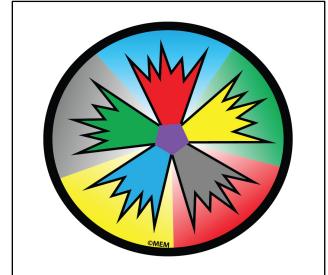


MidWest Energy Movement

Healing With Joy presents:

"Five-Rhythms of Life-Restoring Balance"

An Advanced Energy Medicine Class"



November 7, 2026

9:00 am- 4:30 pm

Objectives:

- Review Five Rhythms structure and function
- Will provide in depth knowledge and skills that are immediately available for self-healing.
- Discover the deep interconnections between the Five Rhythms, Meridians, Chakras, Organ Systems, Daily Life Challenges and Emotional States
- Correlate Physical Symptoms with Five-Rhythm energetic imbalances.
- Learn how to balance your Five-Rhythms
- Hands on experience with balancing Meridians associated with the Five-Rhythms

Tuition: \$90.00 (\$50 deposit required to hold your reservation)

Continuing Education Credits will be awarded and included in tuition

Contact Instructor:

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP, Reiki Master, Four Pathways of Energy Healing

507-244-1994

Email: healing@drgailV.com