

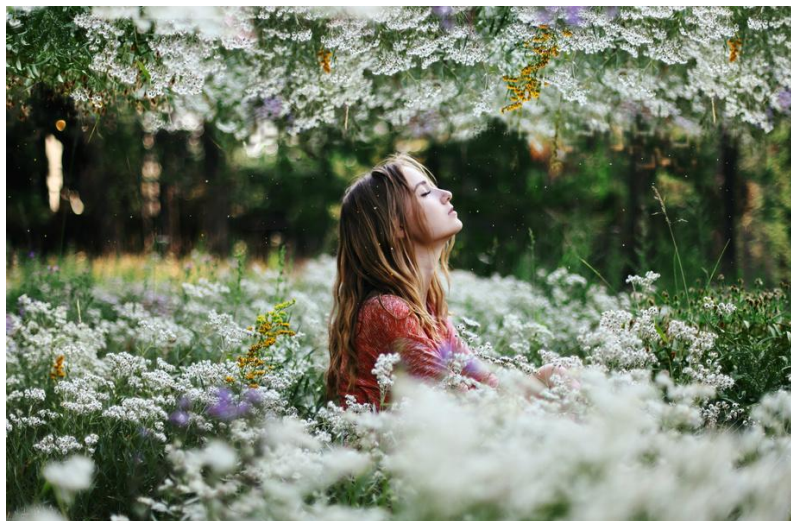


HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org

The Search for Happiness and Meaning

March 12, 2026, 7:00 pm – 8:30 pm



Do you ever feel lost or confused in the chaos of the world around you? Do you feel anxious from time to time? Do you often feel like your soul expression is stifled? Are you ready to shift from fear and confusion to freedom and creative manifestation? This workshop will teach you how to tap into your soul-level consciousness for creative expression and to live with more joy and a greater sense of purpose.

In this workshop we will examine the restrictive effects of anxiety and limiting beliefs. We will explore the meaning of happiness and the multi-dimensional aspects of your soul that can be harnessed to design the life you've always dreamed of.

Purpose: We will explore the age-all questions: Why am I here? What is my purpose in this lifetime? What am I here to learn and experience?

Creativity: Creativity is the expression of your soul and creativity feeds intuition.

Intention: We will explore the power of intention and authentic choice for manifesting a life filled with self-awareness and joy.

Alignment: Creating your life through soul-level consciousness means working in alignment with your higher spiritual intelligence rather than ego-based desires of the personality. Doing so allows a shift from fear-based responses to love-based manifestation.

Self-worth: Recognizing your worthiness as an expression of Source.

The Law of Vibration: Discover how the universe responds to your energetic vibration.

Cost: \$29

Facilitator: Diane Anderson of Sister Seekers

Register at: www.sisterseekers.net