



HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528

www.hermitagefarm.org

Group Past Life Regression

January 29, 2026

7:00 pm – 8:30 pm



This workshop provides an opportunity to experience a past life regression in a group setting. Our evening of self-discovery includes a guided journey to uncover memories from previous lifetimes that may be influencing and impacting your current life. Past life regression may help to explain and overcome present life fears and phobias.

We will also take a journey 100, 200, or 300 years from now and observe the earth as it exists in the future.

You may wish to bring a mat, blanket, pillow, and eye cover to help you relax and enhance your visual experience. You may sit in a chair if that is more comfortable for you.

Cost: \$33

Facilitator: Diane Anderson of Sister Seekers

Register at: www.sisterseekers.net