



Inner Child ReTuning Series: A Sound & Energy Healing Journey

STEP INTO A SACRED SPACE OF REMEMBRANCE, RELEASE, AND RENEWAL.

JUNE: FATHER WOUND

This 90-minute group experience is designed to gently support the healing of childhood wounds through a fusion of Sound Healing and powerful energetic modalities. Guided by Healing Arts Practitioner Crystal Lilya of Tonal Harmony Healing, this session weaves together Sacred Light Technologies, Sacred Soul Symbols, Sacred Soul Alignments, Energy Allergy Healing, and channeled Light Language to nurture deep inner transformation.

The session begins with grounding and intention setting, energetic healing, followed by sound healing using crystal singing bowls, gongs, and chimes. As the frequencies guide you inward, energy work will gently dissolve limiting patterns, clear energetic imprints, and restore harmony to the nervous system.

Through the activation of sacred energies, you'll be held in a cocoon of support while reconnecting with your inner child—the part of you that still holds wonder, tenderness, and unhealed traumas. Light Language will speak directly to your soul, bypassing the logical mind to reprogram core beliefs with compassion, safety, and love.

✦ This experience is for you if you:

- Carry emotional pain or limiting beliefs rooted in childhood
- Are ready to release old stories and reconnect with your truth
- Want to feel lighter, freer, and more aligned in your body and soul
- Crave a safe space to receive, restore, and reclaim your inner light

Bring a journal, water, pillow, and blanket—anything that supports your comfort as you journey inward.

You are held. You are safe. You are ready.

Disclaimer:

This offering is a supportive sound and energy healing experience and is not intended to diagnose, treat, or replace professional medical or psychological care. This series is not appropriate for individuals currently experiencing severe or unprocessed childhood trauma, as the intimate group setting is not designed to provide the level of support and containment that such experiences require. If you are actively navigating intense trauma, we lovingly encourage you to seek one-on-one professional care in a therapeutic setting that can offer the depth of support you need.

This journey is intended for those who have done some foundational inner work and are seeking a gentle, energetically held space for deeper reconnection, nurturing, and integration of their inner child.

Monday, June 16, 2025

7:00 PM–8:30 PM

Hermitage Farm Center
for Healing

Energy Exchange \$55

May: Mother Wound

June: Father Wound

July: Neglect & Rejection

August: Abandonment Wound



HERMITAGE FARM
CENTER FOR HEALING

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