



HERMITAGE FARM  
CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
(507) 272-2528  
[www.hermitagefarm.org](http://www.hermitagefarm.org)

---

## *Vagus Nerve & Cellular Memory Release*

### *For Trauma & Stress*

*Dr Gail Van Kanegan, DNP, FNP, EEM-AP, ARF-CP, Reiki Master*

Date: April 12, 2025

Time: 9:00 AM – 4:00 PM

Location: Hermitage Farm Center for Healing, Rochester, MN 55901

Tuition: \$100 if registered before April 5<sup>th</sup>!

### **Nursing CE Offered**

Contact: 507-244-1994 [Healing@drgailV.com](mailto:Healing@drgailV.com)

Eden Energy Medicine Advanced Practitioner & Faculty

Reiki Master, Shamanic Practitioner, Aroma Therapy

Art of Raising Frequency Certified Practitioner & Instructor

During this 6 hour workshop participants will:

- Advance understanding of how chronic energetic imbalances develop
- Increase knowledge of where imbalances lie within the 5-Rhythms
- Expand knowledge of benefits of Vagus Nerve Activation
- Generate awareness of Hormones supporting Peace & Balance
- Participate in hands on practice of energetic balancing
- Experience Group Chakra Healing Meditation