



HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507)272-2528
www.hermitagefarm.org

NEW YEAR, NEW YOU: Manifesting Positive Change and Living Your Best Life



Wednesday, January 29, 2025
6:30 pm – 8:45 pm

Are you ready to create positive change and experience your best self?

This workshop will teach you how to create and manifest positive change in your life. We will begin by examining how your limiting beliefs can cause roadblocks to being the best version of yourself. Identify those positive traits that represent your Best Self.

Discover a universe and simple techniques where you can create a new reality through positive thoughts, beliefs, and actions. Reflect on the areas of your life where you want to make changes and then create a blueprint with focused next steps for a life that reflects your sense of purpose.

Cost: \$33

A Sister Seekers Workshop Offered by Diane Anderson

Register at: www.sisterseekers.net