



HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org

ENERGY MEDICINE TECHNIQUES FOR RELIEVING STRESS AND ANXIETY JUNE 5, 2025, 7:00-8:30 PM



Eden Energy medicine is aimed at healing imbalances in the energy fields in and around the human body.

Come and learn how you can manage Stress and Anxiety **instantly** with a **few simple and quick Energy Medicine techniques you can use at home**. This one-hour class will provide you with an easy hands-on teaching and fun practice to learn the Eden Method to manage Stress and Anxiety for any age at any moment.

Provided by: Dr. Dalia Gamal Elimam, MD, PhD, EEM-CLP
Clinical Eden Energy Medicine Practitioner and Teacher and Reiki Practitioner
To Register: Phone: 954-261-6313
Hermitage Farm Center for Healing Integrative Health
Location: 6415 W River Road NW, Rochester, MN, 55901