



HERMITAGE FARM  
CENTER FOR HEALING

6415 West River Road NW  
Rochester, MN 55901  
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[www.hermitagefarm.org](http://www.hermitagefarm.org)

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## Wednesday Energy Wisdom Circle

### Rejuvenate Your Aura!

Increase your awareness of your most protective energy system-  
*Your Aura!*

Discussion about Physical, Emotional, Mental, Spiritual symptoms of  
disrupted Auric Energy

We will review the layers of the Aura and the protection offered.

Repair your Aura in class using Simple Self-Care energetic tools!

Experience rejuvenation! Poi Balls available \$15 each in class.

**Date: February 19, 2025- No pre-registration or experience needed**

**Time: Arrival: 6:45 PM Class: 7:00 PM- 8:30 PM**

**Location: Hermitage Farm Center for Healing, Rochester MN**

**Donation: \$20 (cash preferred at the door).**

No pre- registration Needed!

***ALL ARE WELCOME!!***

**Dr Gail Van Kanegan, DNP, FNP, EEM-AP, ARF-CP,  
Reiki Master**

**For questions: [healing@drgailV.com](mailto:healing@drgailV.com) 507-244-1994**