



HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org

Wednesday Energy Wisdom Circle

CardioVascular Health

We will be discussing issues concerning CardioVascular Health!

Blood Pressure, Cholesterol, Heart Disease, Brain, Lungs,
Liver, Kidneys, and Hormones associated with CV Health.

Self-Care Energy tools will be shared!

Date: January 15, 2025

Time: 6:45 pm arrival, Class 7:00-8:30 pm

Location: Hermitage Farm Center for Healing

Donation: \$20.00 at the door (Cash preferred)

No pre-registration needed!

ALL ARE WELCOME!!

Dr Gail Van Kanegan, DNP, FNP, EEM-AP, ARF-CP, Reiki
Master

For questions: healing@drgailV.com 507-244-1994