



LEVEL 1 SYLLABUS



DIDACTIC

ESSENTIAL OIL HISTORY

REVIEW OF THE HISTORY OF ESSENTIAL OIL USE THIS PORTION INCLUDES THE HISTORICAL USE, RESEARCH, GROWTH, AND PRODUCTION OF ESSENTIAL OILS ACROSS THE GLOBE AND IN DIFFERENT SECTORS AND CULTURES. IN ADDITION, THE USE OF ESSENTIAL OILS IN VARIOUS FORMS AND ROUTES WITH A FOCUS ON SAFETY IN THE HOME AND OTHER SETTINGS SUCH AS CLINICAL, HEALTHCARE, PUBLIC DOMAIN AND OFFICES AND EVIDENCE OF HOW TO APPROACH THE CHALLENGES RELATED TO USE WITH THEM.

SKILLS

- 6 LABORATORY SESSIONS
- 13 BLENDS MADE IN CLASS
- INHALATION & TOPICAL BLENDS
- SUPERVISED LABORATORY TIME
- INDIVIDUALIZED ATTENTION
- ALL LEVELS WELCOME
- SUPERVISED COURSE COMPLETION

CHEMISTRY

REVIEW OF THE ESSENTIAL NEEDED KNOWLEDGE THE COMPLEXITY OF ESSENTIAL OILS AT A CELL LEVEL, HOW RESEARCHED AND INTERACTION WITH THE HUMAN BODY ARE INTEGRAL ASPECTS FOR AN AROMATHERAPIST TO HAVE KNOWLEDGE ON.

ESSENTIAL OILS

IN DEPTH DISCOVERY OF EACH ESSENTIAL OIL, OIL CONTRAINDICATIONS, AND UNIQUENESS FROM THE LITERATURE.

PROFILE OVER 35 ESSENTIAL OILS

DISORDERS OF THE HUMAN BODY

OVERVIEW OF KEY DISORDERS & DISEASE PROCESSES ESSENTIAL OILS ARE UTILIZED IN NUMEROUS WAYS TO ADDRESS THE SYMPTOMS OF DISEASES, COMFORT MEASURES IN GENERAL AND DIRECT APPLICATION TO PREVENT ISSUES WITH HEALTH AND WELLNESS. ISSUES IN HEALTHCARE SUCH AS DEPRESSION, NEUROLOGICAL DISORDERS, PAIN, AND MORE ARE COVERED AS WELL AS HOW ESSENTIAL OILS HAVE BEEN RESEARCHED TO ADDRESS THEM.

STUDENT KIT

CARRIERS:

- 2- 4 OZ. OILS, 2 - 8OZ CREAMS,SEA SALT,BAKING SODA

CONTAINERS:

- 3 AMBER GLASS BOTTLES 1/8OZ WITH DROPPERS,
- 5-1 OZ. BOTTLES WITH DISPENSING CAP
- 6-2OZ JARS WITH CAPS
- 2-2 OZ BOTTLE WITH SPRAYER
- 6 ROLL-ON SET UPS
- 6 INHALER SET UPS
- COMPREHENSIVE COLOR 140+ PAGE MANUAL

30 - 1/8TH OZ ESSENTIAL OILS WITH DROPPERS

*NEW INSULATED CARRY BAG!



*SCAN FOR PRICING



AT A GLANCE

FEATURES

- Accredited by Professionals
- Comprehensive Curriculum
- Seamlessly Designed for Success

BONUS

- Receive an extensive class kit
- Access to one year of instructor support
- Choose from flexible platform/hybrid options



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CEO, Consultant, Instructor
MSN, RN, HN-BC, CCA, RM, HTP

Holistic Education Professional
Program Development Specialist
Strategic Planning Facilitator
Group Stress Management Instructor