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## MidWest Energy Movement Healing With Joy!!

## Wednesday's Energy Wisdom Circle

Dr. Gail Van Kanegan, DNP, FNP, EEM-AP ARF-CP, Reiki Master

## Stress Hormones Creating Energetic Imbalances

Location: Hermitage Farm Center for Healing, Rochester, MN

Date: Wednesday January 24, 2024

*Time*: 6:30 PM - 8:00 PM

*Tuition*: \$20 (cash preferred)

Contact: Dr Gail 507-244-1994 healing@drgailV.com

## Calling All Healing Arts Practitioners!!

Join us for an inside look at how Your Natural Stress Hormones Create Energetic Imbalances. Apply knowledge for Self-Care and your Professional Practice Public Welcome!

Review symptoms that begin the energetic unbalancing process Generate Awareness of Your Power to Resist stress responses Share your experiences!

Arrival Time: 6:10 for In-Class Registration