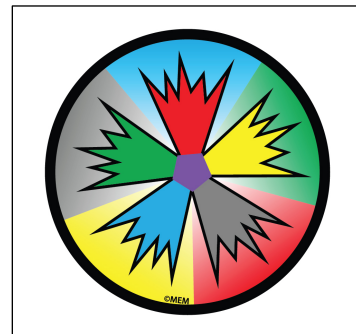




HERMITAGE FARM CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org

MidWest Energy Movement *Healing With Joy* *Self-Care Series* *Healing the Healer*



Title: *Healing The Healer*

Date: January 19, 2024

Time: 3:00 PM – 9:00 PM

Location: Hermitage Farm Center for Healing, Rochester, MN 55901

Tuition: \$250 includes discounted 'Chakra Keys for the New Earth' and 'Rays of Creation' card decks, 5-Rhythm Chart, all handouts, and practice of protocols.

Nursing CE Offered. *Register On Web Page*

Contact: 507-244-1994. Healing@drgailV.com

Presenter: Dr. Gail Van Kanegan, DNP, FNP, EEM-AP, ARF-CP, Reiki Master

Art of Raising Frequency Certified Practitioner & Instructor

Eden Energy Medicine Advanced Practitioner

Eden Energy Medicine Faculty

Objectives:

During this 6 hour presentation participants will:

- Receive Knowledge on 'The Art of Raising Frequency'
- Learn how to utilize High Vibrational Card Decks
- Increase expertise in balancing 5-Rhythms & meridians
- Increase expertise in balancing Chakras
- Receive group Chakra balancing
- Expand knowledge of the 5- Rhythms cycle
- Discover new knowledge of the meridians in relation to the 5-Rhythm cycle
- Receive Group 5-Rhythms & Meridian Balancing

Agenda- January 19, 2024 3:00 PM -9:00 PM

3:00 PM- Welcome, intention setting, introductions

3:15 PM- Review course objectives Day I

3:25 PM- Introduce The Art of Raising Frequency and Tools utilized

3:45 PM- Introducing 11 Chakra Model of Energy with Group Healing

4:45 – 4:50 PM- Break

4:50 PM- 6:00 PM Practice Chakra balancing protocol

6:00 PM-6:15 Break

6:15 PM- 6:40 PM Introduce 5-Rhythm & Meridian energy

6:45 PM- 7:30 PM Group healing 5-rhythms & Meridians

7:30 PM– 7:45 PM- Feedback & Break

7:45 PM- 8:50 PM Practice 5-Rhythms & Meridian protocols

8:50 PM- Q & A

