



HERMITAGE FARM
CENTER FOR HEALING

6415 West River Road NW
Rochester, MN 55901
(507) 272-2528
www.hermitagefarm.org

Journeying and Spirit Animals

March 13, 2024, 7:00 – 8:30 PM



Power animals are spirit helpers in animal form that teach us about ourselves, help us heal, and give us power and strength. Each animal spirit has its own medicine, talents, power, and lessons. Join us for a journey to meet and experience your personal power animals.

Explore ways to honor and work with your animal spirits and tap into the primal wisdom they have to offer. Learn about the aspects of the Lower, Middle and Upper World and how to access them through journeying in a dream state of non-ordinary reality.

Cost: \$30

Facilitator: Diane Anderson of Sister Seekers

Register at: www.sisterseekers.net