

# Creating and Manifesting Positive Change



## A Sister Seekers' Workshop

Are you ready to create positive change and experience your best self?

Through guided activities, you will reflect on the areas of your life where you want to make changes and then create a blueprint to manifest a reality that allows you to live the best version of yourself.

Begin by examining how your limiting beliefs can cause roadblocks to becoming the best version of yourself. Discover a universe where you can create a new reality through positive thoughts, actions, and beliefs. Reflect on your positive traits and then create the first small steps toward living the best version of yourself.

Saturday, April 9, 2022, 9:00 a.m. – 12:30 p.m.

Hermitage Farm Center for Healing

6415 West River Rd, NW, Rochester, MN

Cost: \$65

Sages: Diane Anderson, Marie Neher

Register online at [www.sisterseekers.net](http://www.sisterseekers.net)