

## Healing with the Elements

June 12, 9:00 am - 12:30 pm

### Description:

The healing power of the elements is all around us, from the life-giving air we breathe to the protective safety of the earth upon which we walk. From the cleansing energy of the rain, to the transformative power of fire, nature gives us these natural resources so that we may survive and flourish. And more than this, there is wisdom, magic, and healing to be found by working with the elements.

The elements are sacred, healing and magical. Connecting with the elements helps deepen our understanding of the universe and awakens our own sense of personal power.

Learn about the properties and healing power of each of the elements. Explore ways to work with earth, air, water and fire for healing the body, mind and spirit. This experiential workshop includes activities and rituals for healing with each of the elements.

Cost: \$65

To register: [www.sisterseekers.net](http://www.sisterseekers.net)