

7 Steps to Reimagine and Recreate Your Life

“As you start to walk out on the way, the way appears.” ~Rumi

1. **Assessment:** Where are you now? What is your current situation?
2. **Accountability:** Are you ready to take full responsibility for your life including your thoughts, your actions, your disappointments and your successes?
3. **Vision:** Identify what you want to change and have a clear picture of what you want to manifest in your life. What is your motivation? What past behaviors do you want to let go of? What are you willing to risk? Have faith and believe in yourself.
4. **Commitment:** Promise yourself that you will do whatever it takes to achieve your desired outcome. It's up to you.
5. **Goals:** Create a blueprint for success. Set attainable goals. Outline the steps necessary to achieve desired results. What resources can you draw on? Start with the first step and determine how you will measure your success.
6. **Action:** Honor your commitment and develop strategies for success.
7. **Celebrate:** Celebrate your successes with each step of the journey to help fuel your motivation for continued change and realization of your dreams.